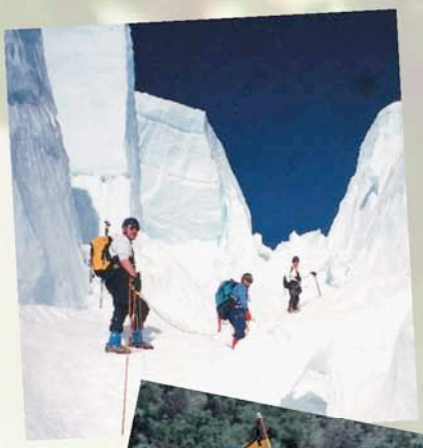
Great Location

The Livermore Valley offers a rural/suburban environment with easy access to cities, beaches, and mountains. The Valley is home to two dozen wineries, a community symphony and opera company, and eight golf courses. There's a full range of outdoor recreational activities just a few minutes away from the Laboratory. San Francisco, Oakland, and San Jose are all within an hour's drive, offering ample choices for evenings at the theater, ballet, symphony, or a sporting event. Pacific Ocean beaches, Yosemite National Park, and Lake Tahoe are also close by.

"Having on-site lunch time aerobics is a wonderful tool in my stress management kit. It's a combination of exercise, fun, and fellowship that really keeps my attitude on track. It helps me keep up the enthusiasm and energy that I need to do my job well."

—Steve Hawkins



Balancing Work and Life

LLNL is committed to helping you manage your work/life balance. Through the Lab's employee services organization, you can take an on-site aerobics class; get a massage; join a networking group; purchase discounted event tickets; or participate in Lab-sponsored events. Employee and family health, child care, and elder care services are also available.